

ROTALORE

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THE WEEKLY BULLETIN

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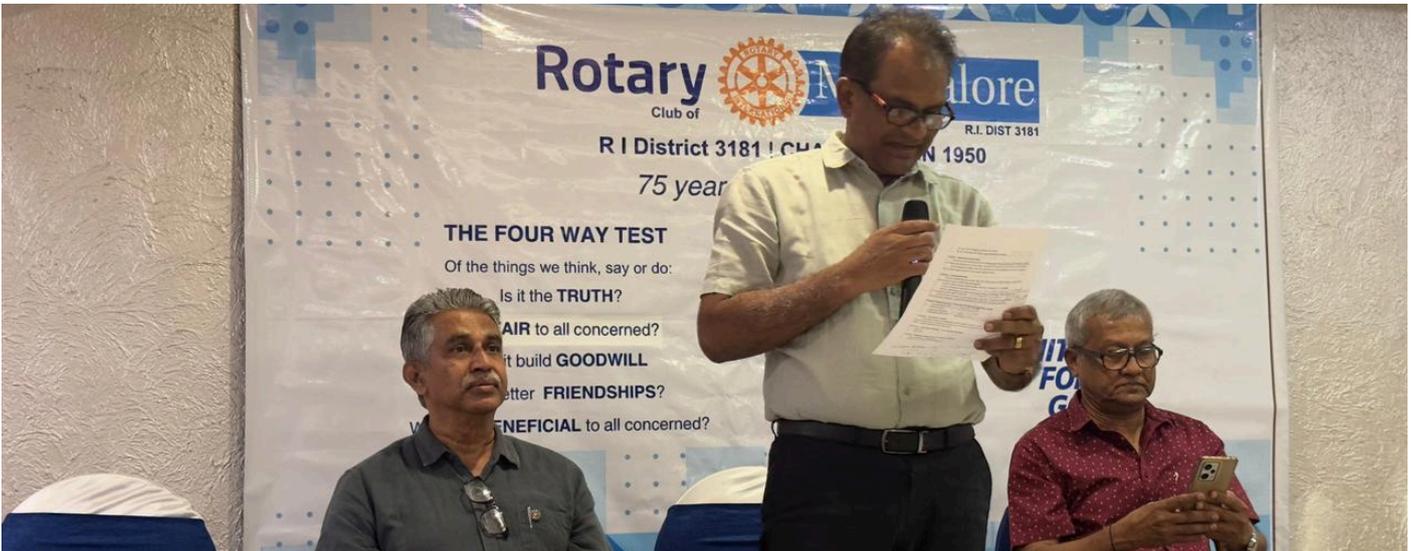
8 JANUARY 2026

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"Giving opens the way for receiving." – Florence Scovel Shinn



CLUB DIARY - 1 JANUARY, 2026 2ND QUARTERLY BUSINESS MEETING

Business meeting for the second quarter of the rotary year, was a well-attended and engaging session, presided over by President elect, Rtn. Daidan D'Silva. The meeting commenced with an invocation by Rtn. Satish N. Kamath, followed by pleasantries among members.

As part of the proceedings, Board members Rtn. Siddharth Shetty (Director – Community Service) and Rtn. Kishan Kumar (Director – Youth Service) briefed the gathering on activities undertaken over the past three months in their respective avenues of service.

Vocational Service Director Rtn. PP Dijaraj Nair updated the members on the upcoming Vocational Awards Ceremony and requested proposals for deserving candidates. Rtn. PP Yatish Baikampady suggested that the awards function be held alongside the Charter Celebration, a proposal that received wide support from the members.

Treasurer Rtn. PP Prakash Prabhu presented an update on the club's financial position, following which the members reviewed and approved the accounts for the Rotary Year 2024–25.

The meeting concluded on a formal note with all members standing for the National Anthem.

PROGRAM TODAY 8 JANUARY, 2026

A bridge of Hearts: Omotenashi, and the potential of Mangaluru
Ms. Megumi Takeshita
VENUE - OCEAN PEARL
Tea Meeting

PROGRAM NEXT WEEK 15 JANUARY, 2026 TO BE ANNOUNCED

VENUE - OCEAN PEARL
Tea Meeting



KNOW OUR SPEAKER

Ms. Megumi Takeshita

Ms. Megumi Takeshita, a graduate of Yokohama National University's Faculty of Education, brings with her 17 years of professional experience in product development and purchasing. She moved to India in 2016, spent five enriching years in Trivandrum, Kerala, and has been living in Mangalore with her family for the past five years.



We look forward!

ROTARY AROUND THE WORLD AN OLD CURE FOR LONELINESS

The origins of Rotary demonstrate that human connection and fellowship were central to its founding more than a century ago. When Paul Harris started the first Rotary club in Chicago, he aimed to recreate the sense of community and camaraderie he missed in urban life, offering a place where people could come together for friendship and service.

The article highlights how loneliness has long been a societal issue — not just a modern problem — exacerbated by rapid urbanization over a hundred years ago and again more recently by the pandemic.

Despite greater digital connectivity today, many people still struggle to form deep, meaningful relationships.

Rotary's model of in-person fellowship and service continues to provide an "old cure" for loneliness by fostering genuine connections among people and strengthening community bonds. Civic organizations like Rotary help address social isolation by bringing people together for shared purpose and compassionate action — proving that long-standing traditions of friendship and service can counter even pervasive feelings of alienation and isolation.



Members of the Rotary Club of Winnipeg travel by train to a district conference in 1932.

Source : <https://www.rotary.org/en/an-old-cure-for-loneliness>

CALL FOR SUBMISSIONS – SNSR 2026 (ROTARY INTERNATIONAL 121ST BIRTHDAY CELEBRATIONS) 23 FEBRUARY 2026

Dear Rotarians,

As part of the Sun Never Sets in Rotary (SNSR) 2026 celebrations, Rotary Clubs across India have been invited to showcase impactful projects to a global Rotary audience. We invite our members to help document and present the Rotary Club of Mangalore's landmark work for this prestigious international platform.

Our previously executed and successful projects are particularly sought to be documented, including (but not limited to):

- * Amruth Human Milk Bank
- * Medical interventions at Lady Goschen and Wenlock Hospitals
- * Skin Bank initiative
- * Environmental projects
- * Village and school adoption projects
- * Any other high-impact service initiatives of our club

Members who have credible information, documentation, and access to project details are requested to kindly submit a brief write-up along with high-quality photographs and videos to President Vinod at the earliest. Submissions will be further refined, curated, and enhanced to professional quality for final presentation.

This is an important opportunity to showcase our club's legacy and service to the world. We urge members to please come forward, volunteer their time, and assist in this collective effort.



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CLUB IN NEWS

"SKIN HEALTH" MEDICAL CAMP FOR THE FISHERMEN COMMUNITY

On Friday, 2 January, the Rotary Club of Mangalore, in association with Fr. Muller's Medical College Hospital, Bengre Student Association (Youth Wing), and Rotary Community Corps (RCC), Bengre, conducted a "Skin Health" medical camp for the fishermen community.

Rtn. Siddharth Shetty, Rtn. Madhav Suvarna, and Rtn. Sunil Rao were present during the camp, supporting the initiative aimed at promoting skin health awareness and care among the community.



MEMBERS IN NEWS

RTN. RAJENDRA KALBAVI AT JCOML MANGALURU INSTALLATION CEREMONY

Rtn. Rajendra Kalbavi was present at the Installation Ceremony of the Chairman and Head Table of JCOML Mangaluru for 2026, held at Ajantha Business Center, Mangaluru. The event marked the formal induction of the new leadership team and was attended by several distinguished members and guests, reflecting strong inter-organisational fellowship and leadership engagement.



THE ROTARY FOUNDATION: GIVING THAT CHANGES LIVES

The Rotary Foundation (TRF) is the heart of Rotary's global humanitarian efforts, helps members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty. Every gift to TRF, big or small, strengthens Rotary's ability to serve communities locally and across the world.

We are happy to acknowledge and appreciate the generous contributions made by our members in support of TRF:

- Rtn. PHF CA Naveen Narayan – \$100
- Rtn. PHF PP R.K. Bhat – \$100, contributed on the occasion of his birthday
- Rtn. PHF Deepali Nayak – \$1000 towards becoming a new Paul Harris Fellow



- SPECIALITIES**
- Multi-speciality Hospital
 - 24 hours Emergency and Trauma Care
 - 24 hours Pharmacy
 - 24 hours Clinical Laboratory with Autoanalysers - 5 part Hematology and fully auto Biochemistry
 - Gynecology unit with facility for Gynaec Oncology and minimal access surgery
 - Specialised obstetrics unit equipped to manage high risk pregnancy
 - Neonatal ICU
 - Modern operation theatre with Laminar flow
 - Orthopedic unit for Trauma and joint replacement
 - State of the art dialysis unit
 - Urology unit with facility for minimal access surgeries
 - Laproscopic surgeries
 - Medical and surgical ICU
 - Radiology Department with X-Ray, Ultrasound, Colour Doppler and Echocardiography
 - CT scan



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ROTARY RIDDLES CORNER

Why doesn't anyone listen to each other on
 New Year's Eve?

Send us your answers and be featured in the
 next Rotalore
 (9845084266 – Rtn. Dr. Akhter Husain, Editor)

BIRTHDAY GREETINGS



**Rtn. Venugopal
 Puthran**
 18th January

ANNIVERSARY GREETINGS

Rtn. Naveen Rodricks and Ann Roopa
 8th January

THE FOUR WAY TEST

Of the things we think, say or do:

- FIRST >** Is it the **TRUTH**?
- SECOND >** Is it **FAIR** to all concerned?
- THIRD >** Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
- FOURTH >** Will it be **BENEFICIAL** to all concerned?

CLUB PULSE 01.01.2026

Total members : 90
 Members present : 35
 Exempt : 6
 Makeup : -
 Percentage : 46%

WEEKLY MEETING Thursday, 7.00 P.M.

Ocean Pearl
 Navabharath Circle,
 Kodialbail, Mangalore

<https://www.rotarymangalore.com>

MEMORY LANE: ROTARY EDITION



ANNOUNCEMENTS

Warm congratulations to **Annet Adv. Anya Aranha** on her enrolment with the Karnataka State Bar Council. Wishing her a fulfilling journey in the legal profession, marked by integrity, excellence, and success.

11 January: A free medical camp organised by the Rotary Club of Mangalore in association with the Sreedevi Cricketers Association, Jeppu, Mangalore, and conducted by Yenepoya Medical College Hospital. Doctors from Yenepoya will provide consultations and health check-ups for multiple medical conditions, including dental care.

Rotary Mangalore
 ಯೆನಪೆಯಾ ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಮತ್ತು ಆಸ್ಪತ್ರೆ.
 ಶ್ರೀ ದೇವಿ ಕ್ರಿಕೆಟ್ಸ್ (ಓ.) ಪಬ್ಲಿಕ್, ಮಂಗಲೂರು.
 ದೇವಾಲ ಕ್ಲಬ್, ಮಂಗಲೂರು.
 ಇದರ ಸಂಯೋಜನೆ ಆಯೋಜನೆ
FREE ಉಚಿತ ವೈದ್ಯಕೀಯ ಪರೀಕ್ಷೆ
 ದಂಟು ವರದಿಗಳನ್ನು ಲಭಿಸಿ
 ದಿನ: 11.01.2026
 ಸಮಯ: 9:00 ರಿಂದ 12:00 ವರೆಗೆ ಸ್ಥಳ: ಜೆಪ್ಪು ಉದ್ದೇಶ: ವೈದ್ಯಕೀಯ
 ಉಪಸ್ಥಿತ ವೈದ್ಯಕೀಯ ವಿಭಾಗಗಳು:
 1. ಸಾಮಾನ್ಯ ವೈದ್ಯಕೀಯ ವಿಭಾಗ General Medicine
 2. ಸಾಮಾನ್ಯ ಶಸ್ತ್ರಕೀಯ ವಿಭಾಗ General Surgery
 3. ಕಿರಿ, ಜೀರ್ಣ, ರೋಗಾಣು ವಿಭಾಗ ENT
 4. ಸ್ತ್ರೀ ವೈದ್ಯಕೀಯ ವಿಭಾಗ Gynaecology
 5. ಮೈದೇಹಿ ವೈದ್ಯಕೀಯ ವಿಭಾಗ Paediatrics
 6. ಕಿರು, ಮೈದೇಹಿ ವೈದ್ಯಕೀಯ ವಿಭಾಗ Paediatrics
 7. ಮಕ್ಕಳ ಶಸ್ತ್ರಕೀಯ ವಿಭಾಗ Paediatrics
 8. ಸಿಬಿಡಿ ವೈದ್ಯಕೀಯ ವಿಭಾಗ OBG
 9. ಮೈದೇಹಿ ರೋಗಾಣು ವಿಭಾಗ OBG
 10. ದಂತ ವಿಭಾಗ Dental
 ಸಹಾಯಕ ಮೆಡಿಕಲ್ ಆಫೀಸರ್
 "ಡಾ. ಅನಿತಾ ಅರ್ಜುನ್"
 ಕಾರ್ಯದರ್ಶಿ: ಮಂಜುನಾಥ್
 9448026671 8088764877 6363220819

Please register for the **Rotary District Conference – Sneha Sourabha**, to be held in the beautiful city of Mysore for three eventful days on **30th & 31st January and 1st February 2026**, at Silent Shores Resort & Spa.

Let's turn this conference into a refreshing escape from the daily grind, a time to reconnect with old friends, make new ones, and celebrate the true spirit of Rotary. We warmly encourage families to join, so that the conference becomes not just a professional gathering, but yet another joyful Rotary picnic filled with fellowship, learning, and memorable moments.

Looking forward to sharing this wonderful experience together.